

Creating Character:

Connection

5 x 2hr classes run via Zoom, £80.

In this five week online course we'll focus on building connection. Working with presence, release, and emotional availability techniques, you will work on two distinct characters, developing tools to help you connect more openly with character, yours and that of your scene partner. The sessions will be playful and social spaces, and will involve regular feedback and redirection.

Suitable for students who have completed the Actor Storyteller and at least one other Creating Character course, or have other training or experience. This course would also be useful to any professional actors wanting to add tools to your box.

In this course you will learn:

How to approach character through text using form and dialogue cues

The importance of rhythm in character creation

Different approaches to emotional availability, including method and cognitive, embodied routes.

Physical exercises to help you access emotional availability and connection

Techniques to improve presence and connection with your scene partner

Each class will involve

Physical exercises alongside creative work

Imaginative work with text and scene

Empathetic work with character and partner

Individual work outside of class time, including line learning

Feedback and/or redirection

You will need

Zoom installed on your laptop

Somewhere private to work during our classes

Approximately 1m square in front of your laptop to work in

This will be an interactive, participatory class: your camera and mic will both need to be switched on.

A reasonable level of English is also required.

